

# POKE GUYS

All our Poke are made with our in-house marinade which may include scallions, sesame oil, white onions, cucumbers, and shoyu

## SIGNATURE BOWLS

Served with your choice of base, sauces and garnishes

### PG

R: 16.37 L: 20.35

**classic shoyu salmon**  
edamame, fresh mangoes,  
seaweed salad & masago

### ALOHA

R: 16.37 L: 20.35

**honey ginger salmon**  
crab meat slaw, pineapples,  
seaweed salad & masago

### MAUNA LOA

R: 16.59 L: 20.58

**spicy shoyu salmon**  
edamame, spicy cucumbers,  
spicy seaweed salad & masago

### CALI

R: 16.59 L: 20.58

**classic shoyu salmon & tuna**  
avocado, crab meat slaw  
& masago

### FIRE FIN

R: 16.59 L: 20.58

**spicy shoyu tuna**  
kimchi, fresh mangoes,  
seaweed salad & masago

### ANGRY SHRIMP

R: 16.37 L: 20.35

**sweet & spicy shrimp**  
corn, kimchi, pineapples  
& masago

### VEGETARIAN

R: 16.37 L: 20.35

**classic shoyu tofu (GF)**  
avocado, corn, sweet drop peppers,  
shiitake slaw, & seaweed salad

## BUILD YOUR OWN BOWL

Regular: 14.38 Large: 18.36

# 1

### CHOOSE YOUR BASE

White Rice  
Brown Rice

Leafy Greens

Soba Noodles (+0.50)

# 2

### CHOOSE YOUR PROTEINS

Classic Shoyu Salmon  
Spicy Shoyu Salmon  
Honey Ginger Salmon

Classic Shoyu Tuna  
Spicy Shoyu Tuna

Sweet & Spicy Shrimp  
Classic Shoyu Tofu (GF)

# 3

### CHOOSE YOUR TOPPINGS

Regular: 1.33/each Premium: 1.77/each \*

Corn  
Edamame  
Pineapples  
Masago  
Seaweed Salad

Spicy Cucumbers  
Avocados  
Shiitake Slaw \*  
Sweet Drop Peppers \*

Crab Meat Slaw \*  
Fresh Mangoes \*  
Kimchi \*  
Spicy Seaweed Salad \*

# 4

### CHOOSE YOUR SAUCES

Classic Shoyu  
Classic Shoyu Yuzu  
Gluten Free Shoyu

Creamy Togarashi  
Unagi  
Spicy Unagi

Spicy Aioli  
Miso Sesame  
Wasabi Mayo

# 5

### CHOOSE YOUR GARNISHES

B&W Sesame Seeds  
Crispy Garlic  
Crispy Onions

Jalapeño  
Nori  
Pickled Red Ginger

Scallions  
Tempura Bites  
Watermelon Radish

**Substitution Policy:** Any proteins can be substituted on our signature bowls for a 2.00 charge. Toppings may only be removed and not replaced.

Gluten-free and vegan options are available upon request. Not all ingredients are listed. Please inform us of any dietary restrictions or allergies prior to ordering. Taxes not included, prices subject to change without prior notice.

# POKE GUYS

## JUST POKE (80Z)

CLASSIC SHOYU TOFU (GF)	10.40
CLASSIC SHOYU SALMON	13.50
SPICY SHOYU SALMON	13.50
HONEY GINGER SALMON	13.50
SWEET & SPICY SHRIMP	13.50
CLASSIC SHOYU TUNA	14.38
SPICY SHOYU TUNA	14.38

## SIDES (80Z)

EDAMAME	5.31
SEAWEED SALAD	5.31
SPICY CUCUMBERS	5.31
CORN	5.31
PINEAPPLES	5.31
SHIITAKE SLAW	6.42
FRESH MANGOES	6.42
CRAB MEAT SLAW	6.42
SPICY SEAWEED SALAD	6.42
KIMCHI	6.42
SWEET DROP PEPPERS	6.42

## DRINKS

BOTTLED WATER	1.75
CANNED SODA	1.75
CANNED JUICE	2.55
BOYLAN SODA	3.10
GOODDRINK TEA	3.76
ARIZONA	3.32
COCONUT WATER	3.32

## WE DO CATERING!

For groups of 20+ people

For all catering inquiries, please visit [www.pokeguys.ca/catering](http://www.pokeguys.ca/catering), we will be in touch with you within 24 hours!

## CONNECT WITH US!

### TORONTO

112 Elizabeth St. Unit 1  
Toronto ON, M5G 1P5  
416 506 POKE (7653)

### MARKHAM

8110 Birchmount Rd. Unit 10  
Markham ON, L6G 0E3  
905 477 POKE (7653)

### VAUGHAN

2904 Highway 7. Unit 107  
Vaughan ON, L4K 0K4  
905 660 7753



Allergies? Scan Here To Find Out More

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